



BLEEDING CONTROL COURSE



A bleeding injury can occur anywhere at work, at the beach, in the home, because of an accident, or stabbing. We've all seen it happen too often—on the news or in everyday life. Life-threatening bleeding can happen in people injured in serious accidents or disasters. Become an immediate responder by learning how to control life-threatening bleeding by attending a Bleeding Control Course based on the American College of Trauma's STOP THE BLEED®. Stop the bleed is an international campaign to educate members of the public on the critical importance of controlling and managing severe bleeds in a trauma setting.



It can take only a few minutes for someone with a life-threatening bleed to bleed to death. The everyday bystander next to a bleeding victim may very well be the one who's most likely to save them from bleeding to death. By learning how to control bleeding, you'll gain the ability to recognise and manage life-threatening bleeding effectively. to control bleeding once you learn three quick techniques.

What stops bleeding? In this Bleeding Control Course, you'll learn three quick techniques to help save a life before someone bleeds out: (1) How to use your hands to apply pressure to a wound; (2) How to pack a wound to control bleeding; (3) How to correctly apply a tourniquet. These three techniques will provide you with the skills, knowledge and attitude to assist in an emergency and potentially save a life.

Course Summary

The Bleeding Control Course is based on the US Stop the Bleed course and has been adapted to meet the requirements of the ANZCOR Guideline 9.1.1 – First Aid for Management of Bleeding. Stop the Bleed is an American led international campaign which has been designed to educate members of the public on the critical importance of controlling and managing severe life-threatening bleeding in trauma settings.

This hands-on course covers the following topics:

- Basic anatomy & physiology
- When is bleeding life-threatening.
- Responding to life-threatening bleeding.
- Direct Pressure.
- Haemostatic Dressings.
- Wound Packing
- Arterial Tourniquets.
- Practical application of dressings and tourniquets on realistic simulators



The Bleeding Control Course is delivered by an accredited trainer approved by the American College of Surgeons with over 40 years' experience in managing trauma.

The Bleeding Control Course would be an excellent addition to a first aiders or first responders existing first aid skill set. The course provides key knowledge skills and attitudes to first aid personnel who work in high risk and remote environments.

Please note The Bleeding Control Course is not an AQF accredited course. Participants undertaking the workshop will be issued with a Statement of Attendance upon successful completion.

Course Location

Various locations in Western Sydney

Course Cost

\$90.00 per participant

To secure your space, full payment is required at time of booking.

How to book

Email or call ABC Lifesavers:

Email: abclifesaver000@gmail.com

Mobile: Call Andy 0435 879 258

Entry Requirements

There are no pre-requisites for this course; however, it is recommended that participants have sufficient English language and visual interpretation skills.

Minimum Age

14 yrs. Due to the adult learning environment. ABC Lifesavers does not accept registrations for participants under 14 years of age.

Duration

3. Hours

Requirements for Completion

Participants are required to attend 100% of this Bleeding Control Course and successfully demonstrate competence in all assessment activities at one of ABC Lifesavers training venues or onsite at your workplace.

Language, Literacy and Numeracy (LLN) Requirements

Participants will require suitable LLN skills to complete the following tasks/skills:

- Read information from a PowerPoint and whiteboard
- Listen and understand verbal information delivered by an English-speaking trainer

Warning

Some of the images shown during the workshop are graphic and may be disturbing to some people.